

AFP Legacy Newsletter December Quarter 2022



From the President



As we come to the end of 2022, I am heartened to report that AFP Legacy has been able to hold most of the scheduled events for this year, including Family Day, Kids and Young Adults Camps, as well as the greatly missed AFP Legacy Ball.

This year was the first time AFP Young Adult Legatees were able to attend a Young Adult Legatee Camp (for ages 18-25). NSW Police Legacy kindly extended the invitation to join them for a weekend in the Hunter Valley. The Young Adult Camp is an important extension of the Kids Legatee Camps and affords our Young Adult Legatees the opportunity to continue to foster some much valued relationships as they enter the adult world.

The much anticipated, and sold out, AFP Legacy Ball was, by all accounts, a successful and much needed celebration. Attendees were treated to the fine tunes of the NSW Police Band, an appearance by the one and only Kenny Koala, and an opportunity to hear about AFP Legacy's work from one of our Legatee Families, the Askews, a beautiful speech by Georgina Askew, wife of the late David Askew.

On behalf of the AFP Legacy Board and Staff, I wish you all a safe Christmas and a Happy New Year and thank you to those contributing members who help us continue to support AFP families.

Owen Law

President

Queen Elizabeth II

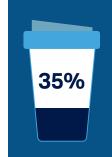
The National Police Legacies are proud to have His Excellency General the Honourable David Hurley AC DSC (Retd) as the Patron of National Police Legacies.

On the sad passing of Queen Elizabeth II, Government House opened a condolence book and invited the National Police Legacies to sign the book. AFP Vice President, Chris Parker, attended Government House on behalf of the National Police Legacies to sign the official Condolence Book.





Chris Parker at Government House



Currently, 35% of AFP employees contribute fortnightly to AFP Legacy. For the price of a cup of coffee each week, sign up through Insight! today!

QUARTERLY MOMENTS

This quarter your donations helped AFP Legacy assist AFP families in the following ways:

Grief counselling
Home services assistance

Medical fee assistance
Birthday gifts

Direntady Bires

Tertiary Education assistance

Driving lessons

Bereavement payments

School camp assistance

AFP Legacy Ball tickets

AFP LEGACY CALENDAR OF EVENTS

January 2023

Kids Legatee Camp

March Family Day

April

15-26 Kokoda Trek

Note: all events listed are subject to COVID-19 restrictions



AFP Legacy Ball 2022



We were so pleased to hold a SELL OUT AFP Legacy Ball at Hotel Realm on Saturday, 22 October. We warmly welcomed 23 AFP Legacy Legatees and just under 400 guests to celebrate the work of AFP Legacy in supporting our AFP families in their time of need.

Our MC Cam Sullings kicked off the evening welcoming all present then introducing AFP Legacy President, Owen Law to thank our Platinum Sponsor Police Bank along with Mels Massage and our many volunteers and donors who made the night what it was, Owen went on to speak of the work of the Charity.

Deputy Commissioner Neil Gaughan gave the 'Toast to the Fallen' and AFP Legacy Legatee, Georgina Askew, wife of the late David Askew, silenced the Ballroom with her emotional recount of how AFP Legacy had helped her family through his passing.

During the formal part of the evening, the 2022 scholarship recipients were announced.

Congratulations to the following recipients:

- Adam Dunning Memorial Scholarship Michael Cook, Protective Service Officer, Eastern Command, Sydney Airport
- Brice Steel Memorial Scholarship Detective Inspector Daniel Burnicle, Office of DC Investigations
- Mark Scott Memorial Scholarship Detective Sergeant Amy Lindner, ACT Policing

The NSW Police Band had the dance floor pumping for most of the night, with many ball-goers having fun with colleagues in the party photo booth. Silent and Live Auction items were all snapped up. Lucky Door prizes were a plenty, thanks to Mels Massage. Kenny Koala even made an appearance!

Thank you to all who supported the Ball this year. We simply cannot do the work we do without you!

But, there is more work to do - State Police Legacy schemes currently peak between 65 and 93 per cent of the workforce, so AFP Legacy is hoping more members will dig deep to reach and keep pace with State colleagues in the immediate future. Currently AFP Legacy sits at just 35% membership.

If you are not yet an AFP Legacy financial member, please consider setting up a Workplace Giving deduction.

You can do this through Insight! via the 'Payment Details' tab.

Donations over \$2 are tax deductible and for the price of a coffee each pay, you can support AFP families in their greatest time of need and for years to come.

For more images from the night, visit the AFP Legacy Facebook page.



Georgina, Payton & Mia Askew



AFP Legacy Ambassador Deputy Commissioner Neil Gaughan with AFP Pipers



AFP Legacy Legatees, Board Members and Ambassadors



AFP Legacy Ball A word from Mel of Mels Massage



What a wonderful way to return to big events!

I was ridiculously excited for this event this year! We decided to make a night of it and stay at Hotel Realm after the ball, with some of our friends doing the same. We kicked off with some drinks down at the bar before we started to get ready, having designated a boy's room and a girl's room for the process, and maybe a bottle of bubbles for the girl's room too!

The boys made their way down to the girl's room, looking very handsome and like true gentlemen, escorted us down to the ball room.

The noise of everyone gathered together, chatting and having photos taken, getting some refreshing beverages while mingling with people they hadn't seen for a while and checking out which table they were sitting at, all added to the excitement of the evening.

Upon entering the ball room my first thought was – THANK GOD for air conditioning! Closely followed by taking in the room, the beautiful flower centre pieces on the table, the table of remembrance, photo booth and scouting out the location of the Kenny Wall – all of the important things.



Mel from Mels Massage handing out lucky door prize vouchers



Kenny Koala hitting the dancefloor at the AFP Legacy Ball

I thought that there was a wonderful balance of formalities and fun throughout the evening, the humbling story from beneficiaries of the program, the celebrations of individual achievements and the public recognition they deserve. The lucky winners of the massage vouchers, the excitement of the live auction and of course the band. WOW! They definitely filled up that oversized dancefloor and kept everyone there for the rest of the evening until it was time to say farewell.

Well done to the team for creating such a warm, welcoming and enjoyable evening for everyone. I can't wait for next year!

For me personally, my family has a strong history of connection with the AFP and Defence services. In 2008 my brother was injured while deployed overseas and our family was provided with some incredible support to help navigate the uncertainty of what was ahead for him. Our world was definitely rattled with the impact of his injury, and he was able to make a full recovery! The importance of having services available to help put one foot in front of the other when your whole world falls apart, is immense. It is something that our family valued and appreciated, and as a result, has become very important to us to support wherever possible. This is something that I am able to do through Mels Massage.

On behalf of the AFP Legacy Board and Staff, a big thank you for your generous support.





Thank you to ACT Policing for their continued support



Legatee Young Adult Camp Reflections



The Young Adults Camp in the Hunter was the first camp I have attended, it was definitely outside of my comfort zone, but the Legatees and supervisors from AFP Legacy and NSW Police Legacy were welcoming and inclusive. It was a jam-packed weekend full of fun activities and experiences that I would not have encountered if I had not gone to the camp. I cannot thank each person who was a part of the camp enough for the warm environment they made, it was such a wholesome experience, whether you have the opportunity to attend one or many of the camps, I would encourage anyone to give it a go. I met many wonderful people all at different stages of their lives, who are achieving amazing goals even having faced their own obstacles and challenges.

Hayley

I hadn't been on an AFP Legacy camp since my last one, when I was 17 in 2016. I had not seen many of the Legatees since they were much younger and it was so lovely to hear about what they have been up to over the past few years and what they have achieved.

I enjoyed getting to know some of the new Legatees and bonding with them and helping them feel comfortable at camp.

Police Legacy camps have been such an accepting and comforting environment for me. I feel so comfortable talking about the loss of my Dad to other people who have been through similar situations. I feel incredibly grateful to have been on these camps for such a long time now and having lifelong friends.

The activities we did on camp were so fun and made bonding with everyone so much easier. I loved the vodka and gin tasting, racing each other at go-karting, the drumming circle and my camp highlight was learning from an indigenous elder, Uncle Ricky. He was very inspirational and wise. Uncle Ricky gave us such good life lessons and it was great to reflect on these lessons with the other legatees.

I had the best time and I cannot wait for next year!

Tess

Thanks to Hayley and Tess for sharing their Camp Reflections.



Gearing up for Go Karts



Legatees enjoying the Hunter



Legatees creating



Roundsquare Conference 2022 – Oxford Legatee Experience



My name is Kristen Quirk, I am an AFP Legacy Legatee and during the month of September, for a week, I travelled with my school to the Roundsquare International Conference.

Roundsquare is an international organization that is dedicated to improving the lives of young people and the communities in which we reside.

I travelled with my school to Oxford and stayed within the walls of this prestigious university. Having the privilege to listen to award winning speakers such as, Ben Fogle, was truly eye opening. Over 3 days we stayed in Oxford where the speaker portion of the conference took place. I was able to meet students and fellow delegates from over 100 schools. Including delegates from Australia!

We discussed different opinions on the overarching theme of Roundsquare: Take less be more. Days 4 and onwards were spent at a local British school, Boxhill. The focus was on cultivating the international friendships that were starting to blossom.

Going on a trip to the local zoo where we were able to meet with the zoo leaders and hear a wonderful lecture concerning conservation of species and habitats worldwide, was one of the many wonderful experiences I had while at this school.



Kristen enjoying Roundsquare Conference

Going on this trip for Roundsquare was truly amazing, I will cherish all the memories and friends that I made.

Kristen

Thank you to all who contribute to AFP Legacy. Kristen was able to take part in this Conference due to the support of our Contributing AFP Legacy Members.

AFP Legacy Christmas Message

On behalf of the AFP Legacy Board of Management and Staff, we wish you a very Merry Christmas and a Happy 2023.

Please note, our office will be closed from Friday, 23 December 2022 – Wednesday, 4 January 2023.

The AFP Legacy email account will be monitored during this period, should you require our assistance: afplegacy@afp.gov.au

The AFP Legacy <u>online shop</u> will be closed from Tuesday, 20 December 2022 – Tuesday, 3 January 2023.



Santa and Kenny Koala



No Moes for Bros



For the month of September 2022, two members of Learning & Development Command undertook a "No Moes for Bros" facial hair-themed challenge in order to raise funds for AFP Legacy.

Senior Constable Daniel Wilson (Recruit Training) and Recruit Isaac Russell (Federal Police Transition Program 1/2022) both wore moustaches for the challenge. Dan hates having a mo, but Isaac loves having one.

The challenge meant that if Dan raised the most money, he could grow his beard back and Isaac would have to shave his mo for 12 months. If Isaac raised the most money, he could keep his mo and Dan would be forced to wear his mo for 12 months.

At the end of the challenge, Dan and Isaac managed to raise a total of \$6,052 between them; more than \$1,000 ahead of the team's original target! All funds went to AFP Legacy to support AFP Legatees.

There was some conjecture regarding the validity of donations pre and post challenge, outside of the challenge rules. Either way, they couldn't decide who won, so they both agreed they would take the punishment in the interests of a good cause.

Dan must now wear his moustache and Isaac must remain clean shaven for a period of 12 months...

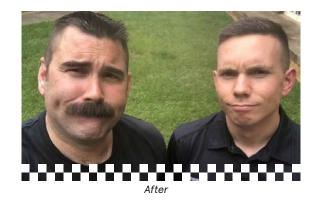
Both Dan and Isaac wish to thank everyone who supported them in their fundraising efforts (no matter how big or small their donations were), and encourage other members to be creative in coming up with personal challenges for a good cause.

The fundraising page is still open for donations and can be viewed here:

https://personalchallenge.gofundraise.com.au/page/NoMoesForBros

AFP Legacy is so grateful to Dan and Isaac for their amazing fundraising efforts for our Legatees.





Spotlight on AFP Legacy Board Member – Tara Edgtton

Tara has been a sworn police officer with the AFP for over 20 years after initially commencing a career in education. Tara maintains a special interest in education, leadership development and capacity development and holds a Master of Business Administration and dual-Bachelor degrees in Teaching and Education along with a Diploma of Policing and Advanced Diploma in Government Surveillance.

Tara has always prioritised community, charity and inclusion. As a youth, she specialised in inclusive education for special needs and was a part of the "Miss Australia Awards", raising funds, education and awareness for Cerebral Palsy. As Deputy Chair of the AFP Eastern Command Inclusion and Diversity Committee, Tara is a passionate advocate of workplace inclusion and gender equality. Tara joined the AFP Legacy Board as a volunteer in 2019, to support a charity that means so much to all AFP members and to maximise skills developed through her MBA.

Tara keeps very busy with family, sporting and musical interests. When she finds spare time, it is to relax with friends and family - preferably outdoors and enjoying the sunshine.

On behalf of AFP Legacy Board and Staff, we thank you for your time and contributions to our Charity.



Tara Edgtton



Quest for Life AFP Legacy Legatee Experience



Thank you so much for allowing me to attend the Quest for Life program.

I lost my husband, Ian early in 2019 and I went into overdrive trying to fill every minute so as not to think about what I was feeling.

I have been having difficulty finding myself in a world that has changed so much.

AFP Legacy offered me a placement at a Quest for Life retreat workshop. Therefore, I went.

I was very nervous about going there, then super nervous as I had to speak out aloud on the second day, about my life to the group, but so did all of us. It was very hard to listen to other people's stories, but it somehow helped us all.



The program was superb. Wonderful healthy food, knowledgeable, empathetic staff and comfortable facilities.

The program taught so many strategies for many situations that are great for not just dealing with grief but divorce, living with a terminal illness, anxiety and depression, to name a few.

So, I have come back with a promise to myself, to use the strategies, to get out more and open up my friendship group. I actually feel a lot less lost and have some plans for moving forward.

This program is so beneficial and I thoroughly recommend it to anyone who needs to smooth out a few wrinkles caused by the rollercoaster of life.

Anita

Thank you for sharing your experience with the wider AFP family, Anita. We are most grateful. We are so pleased the Quest program was beneficial to you at this time.

Thank you to our generous AFP Legacy supporters, your donations continue to provide these types of support services to our Legatees.

Volunteer in Policing - Colleen Thurgar

Colleen Thurgar has been working as a volunteer in the Volunteers in Policing program since August 2013, during this time Colleen has contributed over 3200 hours of work, a truly amazing contribution.

Not only do these hours include the work she generously does for AFP Legacy as our online Merchandise Manager, but Colleen also volunteers in the front office at both the Tuggeranong and Woden stations, as well as giving her time assisting with recruit programs.

Last month Colleen was presented with a plaque from AFP Legacy Assistant Treasurer, Jason Flint, on behalf of AFP Legacy, in appreciation for the time she volunteers to AFP Legacy.

The AFP Legacy Board and Staff are very grateful for Colleen's continued hard work and support – thank you from all of us!





Jason Flint, Brandon Thurgar, Colleen Thurgar, Jason Narovska





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