



# AFP Legacy Newsletter

## December Quarter 2019

Currently, 35% of AFP staff contribute fortnightly to AFP Legacy. For the price of a cup of coffee each week, sign up through Insight! today!

35%

AFP Legacy

All sign ups receive an AFP Legacy Gift

### AFP Legacy Charity Ball 2019 Celebrating AFP Legacy and the 40th Anniversary of the AFP

Oh what a night! Thank you to all who supported the AFP Legacy 2019 Charity Ball on Saturday 19 October in the Great Hall, Parliament House Canberra. A record number in attendance, reflected, celebrated and danced the night away, all for an amazing cause. Visit the [AFP Legacy Facebook](#) page for more photos.



Sign up through Insight! for  
Salary Deductions

Shop online via  
[policelegacyafp.org.au](http://policelegacyafp.org.au)

Become a volunteer for  
AFP Legacy

### QUARTERLY MOMENTS

This quarter your donations helped  
AFP Legacy assist AFP families in  
the following ways:

Bereavement Payments  
Financial assistance for Legatee studies  
Cleaning services for widow  
Funded Grief Counselling Services  
Camp costs for Legatee children  
Assist with surgery costs

### AFP LEGACY CALENDAR OF EVENTS

#### January 2020

NSWPL/AFPL Kids Camp, Berry NSW

#### March

AFPL Legatee Family Day, Canberra

#### April

Kokoda Trek

#### July

NSWPL/AFPL Kids Camp

#### September

NPRD

Cairns Golf day

#### October

National Camp

ACT Golf Day, Canberra

AFP Legacy Charity Ball, Canberra

## AFP Legacy Assisting Members



It was October 2018 when I discovered a lump. At the time, I was enjoying my role as a Team Leader in People Strategies. My husband and I were raising our 15 month old daughter and I was pregnant with our second child. Life was busy but happy, and we couldn't wait for our family of three to become four.

When I was 21 weeks pregnant, we got the devastating news that I had breast cancer. We later found out it was triple negative - a particularly aggressive type. In that moment our whole world changed. I was not only scared for my own life, but that of my baby.

Thankfully, the doctors advised I could have treatment whilst pregnant. After the first trimester, the particular chemotherapy agents I would be having were safe and wouldn't affect the baby. Even knowing this, the fear and stress during treatment for the remainder of the pregnancy was significant.

Chemo made me sick and exhausted, and I was in and out of hospital. I was already tired from the pregnancy and treatment, but I also had a super active toddler to chase after. She was too young to understand what was happening and that I was sick and needed to rest. My husband took extended leave to care for our daughter and attend my appointments. Life was a whirlwind, we had no idea how we would get through treatment and still care for a toddler and a newborn!

That's when **AFP Legacy** stepped in and offered their support when we most needed it. They kindly provided us with much needed practical support, such as pre prepared meals and a cleaner, so I could solely focus on my treatment and getting as much rest as possible.

On 6 February 2019, our second daughter arrived safely into the world. We were so relieved she was healthy, but I still had a fight ahead of me. One week after she was born I recommenced my final eight rounds of chemotherapy. I have also since undergone a double mastectomy and reconstruction and 28 rounds of daily radiation. Throughout it all, **AFP Legacy** have been there for us.

We are humbled by the generosity of **AFP Legacy** and words will never express the gratitude we feel for the support provided to us. And to each and every patron, volunteer, staff and donator, please know that you have helped us through a truly difficult time in our lives.

I'm now doing well and in remission and will shortly start six months of oral chemotherapy, and our newborn is now a happy and healthy seven month old. *Kate Blom*



*Thank you, Kate, for allowing us to share your story.*

## **AFP Legacy Legatee Family**

### **Meet the Carloff's**



We're a member of the **AFP Legacy** family via my husband / the kids' Dad - Senior Constable Warren Carloff - a.k.a Waz, Wazza, the Hammer or Boris to those who may have come across him at Belconnen, Majura, in Honiara or in the SRG. He (with great reluctance on his part) decided he had some work to do on the other side come 2017... he left behind Skye now 12, Sienna now 10 and Nate now 8. We were blessed to know there was support and love from his work-mates and peers with both of the times he decided to stare down the big C. In 2009 his SRG brothers' fund-raised and helped more than they realised, come 2015/16 we had some special souls come visit and spread the love. Now **AFP Legacy** make sure we're still part of the police family; they are our link to a world that Warren loved.

**AFP Legacy** have helped with meeting some of the kids' school expenses. They were there to provide some practical support to the absolute crap realities that happens after a member dies. They make me cry (good tears) come each mothers' day when they reach out with flowers or with love in lieu of your other half saying thanks or buying you a present. They gave me a parenting pass come last January when they whisked the kids off for camp. They gave the kids a week full of fun and memories at Camp that they can't wait to repeat. Camp gave Nate the chance to catch a fish - a feat not accomplished since the last time he'd done that with his Dad. Most importantly it gave my kids a space to come together with other kids and realise they're all the same. That in this space they were the norm. In this space they didn't have to feel different than they might normally do in their friendship group or at school. That they'd all experienced loss, they'd all experienced grief, that they all still and always would miss their Mum or Dad but they were all still okay.

Thank-you to everyone that supports, gives their time to or works for this wonderful group. Thank you to the AFP staff and members who continue to contribute. And thank you to only a few (but god knows who) uniformed officers who happened to be walking the beat that I've stopped and hugged since 2017. Weird I know - I've actively fought the urge since - but it's how I felt my link to and wanted to acknowledge the awesome work that the AFP and its' officers do. xo - *Kate Carloff*

### **Broken Bay NSW, Kids Camp 2019 - by the Carloff Kids....**

Nate, 8 yrs : My favourite thing was fishing I catched a small silver fish. I hate the ropes course. i rate camp 8 out of 10. I love the pool

Sienna, 10 yrs : I really like the camp. I would give it a 10 out of 10. My fav was ropes course it was even challenging but i felt great after. I was nervous first but than i had so much fun on the camp. thanks for letting me go. in the cabin time us girls would annoy the boys when we were board. But i also loved it all so much. the dinner was great.

Skye, 12 yrs : Camp was great. my favourite thing about camp was the beach on the last day. We ran, we played, we resalde\*, it was great. I got sand all over my face but it just made it better. I was scared to go into the water but i got over it pretty fast. The food was just as good. I have a fear of hight's so i didn't go on the high ropes course, mainly because at year five camp i got half way up and started crying. Getting to sleep was the hardest part because the adults told us to get to bed so did the older boy's but no-one would shush making it really hard to sleep. (\*resalde = wrestled).

*Thanks Kate and thanks kids!*

**Thank you for your support!**  
**AFP Legacy Charity Ball / 40th Anniversary AFP 2019**



## **AFP Legacy Thanks You!**



Huge shout-out and appreciation to the five AFP boxing reps who did us all proud in the November 2019 NSWPF Boxing Gala Night: Laurie Trussler, Atticus Dow, Craig Martin, Derek Henderson and Graeme Gunn. Out of the five bouts AFP came away with 2 ½ wins. The AFP lads have raised **\$12,225** so far – awesome result. Sincere thanks for everyone's support. You can still donate via <https://policeboxing2019.gofundraise.com.au/pages/search>. Acting SMNSW Brett James was at ringside to cheer the boys on and there were plenty of AFP members in the crowd for support. Congratulations to Atticus and Graeme for winning their bouts; well done to all of the boys because they were all very tough fights. *Our police legatees salute you!!*

### **AFP Legacy President's Message**

On behalf of the AFP Legacy Board of Management and Staff, we would like to thank all AFP employees who have continued to support AFP Legacy for another year, through workplace giving, event attendance, volunteering roles and various donations. The work of AFP Legacy relies on the generosity of AFP employees. This year AFP Legacy has financially supported over 29 AFP families with Requests for Assistance and continue to provide ongoing financial and emotional support services to 93 AFP Legacy Legatee's. We farewelled and thanked outgoing AFP Legacy Patron, Mr Andrew Colvin and welcome Commissioner Reece Kershaw as our new AFP Legacy Patron.

I would also like to express my sincere thanks and gratitude to AFP Legacy outgoing Board Members Louise McGregor, Sue Svenning, Rev Gayl Mills, Peter Gunning and John Plumidis who finished their terms at our recent AGM on 26 November 2019; and a big welcome to our new Board Members Rebecca Kotz, Kim Crimmins, Tara Edgton, Ben Folkes, Justine Gough and Dora Tsiu.

We look forward to building our membership base throughout 2020 so that we can continue to do the work we do. On behalf of all here at AFP Legacy, we wish AFP employees and their families a Merry Christmas and a Happy, Healthy 2020.

*Shane McLennan, AFP Legacy President*

#### **Christmas Holiday Opening Hours : AFP Legacy**

The AFP Legacy Office will be closed from 19 December 2019—8 January 2020. The AFP Legacy email will be intermittently monitored and we will endeavour to respond as soon as possible. Email: [afplegacy@afp.gov.au](mailto:afplegacy@afp.gov.au).